

Why Facial Acupuncture?

Lumina Acu Clinic



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Massage & Bodywork Therapy

Application Areas



How Facial Rejuvenation can help:

- Eliminate skin conditions; acne, malasma, & wrinkles
- Rejuvenate and produce younger healthier skin
- Reverse signs of aging
- Erase acne scarring and blemishes
- Lighten and brighten your skin
- Reduce pore size and soften fine lines
- Stimulate collagen production resulting in firmer skin



Increases collagen production to reduce the fine lines and diminish deep wrinkles.



Improves overall health and facial tone by stimulating weekend muscle fibers and relaxing muscle tensions.



Effectively minimizes double chins, firms up jowes and reduces frown lines and bags under the eyes as well as lifts droopy eyelids and eliminates facial puffiness.

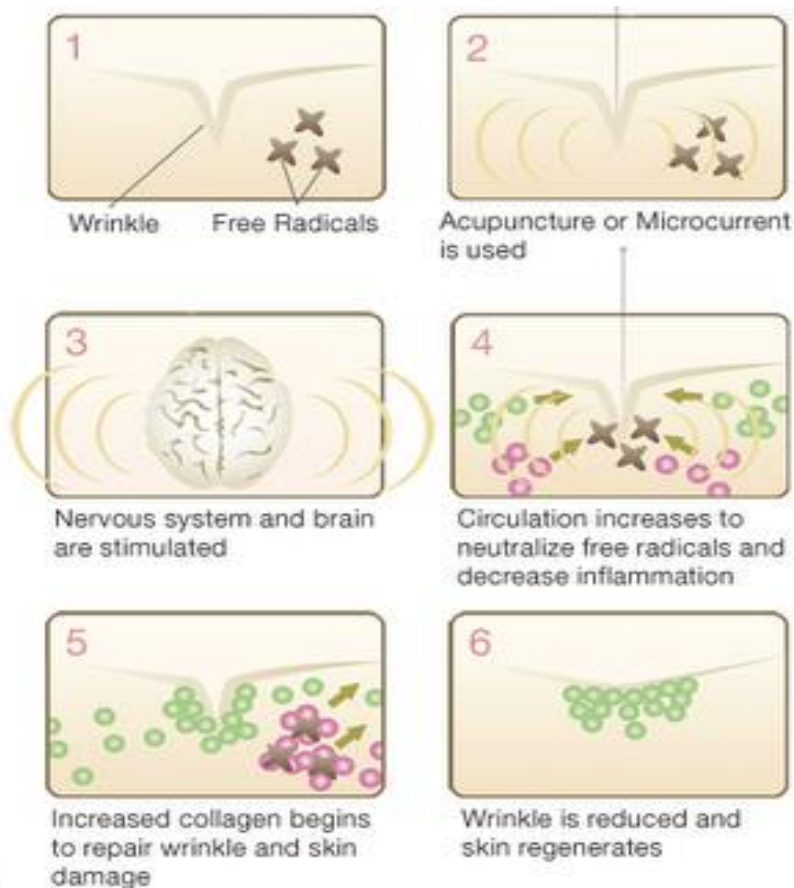


Is an excellent alternative to cosmetic surgery or Botox injections.



Is safe, basically painless, and without risks or side affects.

How does it work?



What is GuaSha?

With gentle pressure, in the correct directions, we encourage the lymphatic fluid to move along its pathways and drain into the body. Used in Chinese medicine for centuries to aid the body's filtration organs and lymph system to expel toxins.

Why Facial GuaSha?

- Promotes blood circulation
- Face becomes more radiant, less dull
- Cells are activated and face regains elasticity
- Allows renewal of cells
- Reduces wrinkles
- Makes pores smaller
- Skin is more supple
- Removes dark circles and eye bags
- Uplifts facial skin
- Enable better absorption of facial products
- Control pigmentation
- Detoxifies skin
- Control acne and pimples
- Promotes a healthy and younger look

What is Moxabustion?

Moxibustion is a form of heat therapy in which dried plant materials called "moxa" are burned on or very near the surface of the skin. The intention is to warm and invigorate the flow of Qi in the body and dispel certain pathogenic influences.

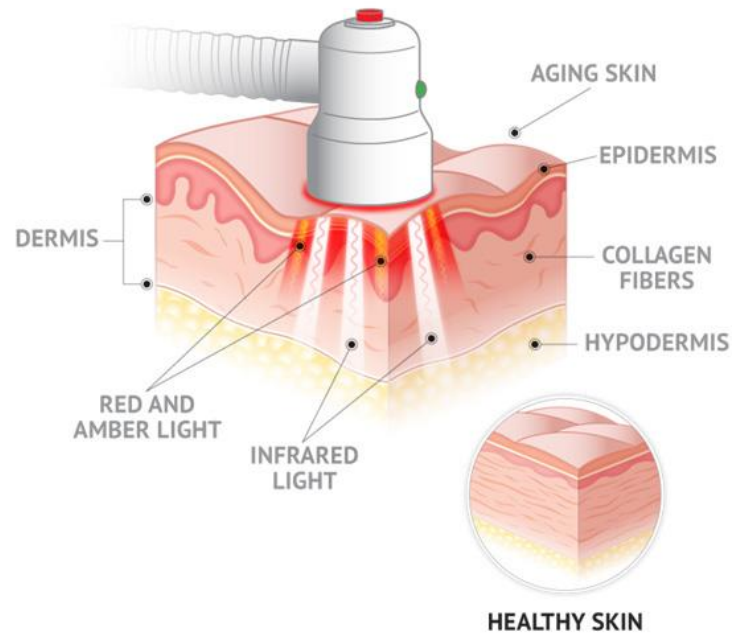


What is Infrared Light Therapy?

Infrared energy prompts the release of nitric oxide, which enhances blood flow in the immediate vicinity. This boost in blood flow brings oxygen and nutrients to injured, aching tissues, resulting in fast healing.

The Infrared Massage is for the intention of improving and strengthening the whole body on a cellular level and the well-being of a person. The effects of the treatment relax the muscles,

while improving blood circulation, stimulate blood flow and tissue response and repair, relieve acute and chronic pain, and release pollutants trapped in the musculature. The infrared light penetrates beneath the skin and is absorbed by the deep tissues. Combined with muscular techniques helps to firm, repair, rebuild, push out more toxins on a deeper level, opens up muscle and tissue fibers, increases circulation and healing time; allowing for an even deeper healing in the area(s) being worked.



Our Facial Rejuvenation package will help you achieve healthier, younger looking, more radiant skin by treating;

- Acne
- Age and sun spots
- Dark under eye circles
- Fine lines and wrinkles
- General health
- Hormone balance
- Rosacea
- Sensitive/ dry skin

This package includes:

- Acupuncture
- Moxabastion therapy
- Massage, with infrared
- Guasha

Optional Add-on therapies:

- Customized herbal mask
- Aculift Roller

**Our customizable herbal mask is made of up to 7 different herbs, that help:*

- Brighten complexion
- Anti-aging
- Acne
- Age spots
- Rosacea



**Aculift Roller:*

The AcuLift Derma Roller™ (also known as a dermal roller or micro needling) utilizes extremely fine, micro needles. According to clinical studies, micro needling penetrates the skin just enough to stimulate collagen and elastin production, without injury to the skin. Based on these principles, AcuLift Derma Roller™ may be very beneficial for diminishing the signs of aging such as fine lines and wrinkles, acne scar treatment, stretch mark removal, hair loss, tightening loose skin and cellulite treatment. Clinical studies have shown that micro needling may be just as effective as treatments such as laser resurfacing dermabrasion, chemical peels, IPL™, Fraxel™ or CO2 laser in stimulating elastin and collagen production. Unlike these treatments however, the epidermis (the protective layer of the skin) is preserved.



Facial Rejuvenation Package

Includes:		Optional Add-Ons:	
Acupuncture		Customized herbal mask	\$20
Moxabastion therapy		*Aculift Roller	\$30
Massage, with infrared			
Guasha			
Total:	\$140	Total:	\$50

**Aculift Roller is a one-time purchase, and yours to keep!*

Notes:

- There is no down time for facial rejuvenation!
- Please allow at least **8** visits to see results.

Call to schedule an appointment with us today!

We look forward to helping you achieve your health and wellness goals!

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